10.7 “A Most Terrible Plague”: Giovanni Boccaccio

Giovanni Boccaccio is best known as a humanist of the Italian Renaissance. The following excerpt is from his most famous work, The Decameron. Written during the plague years between 1348 and 1353, it is a collection of stories told intimately between friends while they passed the time away from Florence in the solitude and safety of the country. It begins with a detailed description of the pestilence. Over two-thirds of the population of Florence died of the plague.


GIOVANNI BOCCACCIO

In the year then of our Lord 1348, there happened at Florence, the finest city in all Italy, a most terrible plague; which, whether owing to the influence of the planets, or that it was sent from God as a just punishment for our sins, had broken out some years before in the Levant, and after passing from place to place, and making incredible havoc all the way, had now reached the west. There, in spite of all the means that art and human foresight could suggest, such as keeping the city clear from filth, the exclusion of all suspected persons, and the publication of copious instructions for the preservation of health; and notwithstanding manifold supplications offered to God in processions and otherwise, it began to show itself in the spring of the aforesaid year, in a sad and wonderful manner. Unlike what had been seen in the east, where bleeding from the nose is the fatal prognostic, here there appeared certain tumours in the groin or under the armpits, some as big as a small apple, others as an egg; and afterwards purple spots in most parts of the body; in some cases large and but few in number, in others smaller and more numerous—both sorts the usual messengers of death. To the cure of this malady, neither medical knowledge nor the power of drugs was of any effect; whether because the disease was in its own nature mortal, or that the physicians (the number of whom, taking quacks and women pretenders into the account, was grown very great) could form no just idea of the cause, nor consequently devise a true method of cure; whichever was the reason, few escaped; but nearly all died the third day from the first appearance of the symptoms, some sooner, some later, without any fever or accessory symptoms. What gave the more virulence to this plague, was that, by being communicated from the sick to the healthy, it spread daily, like fire when it comes in contact with large masses of combustibles. Nor was it caught only by conversing with, or coming near the sick, but even by touching their clothes, or anything that they had before touched. . . .

These facts, and others of the like sort, occasioned various fears and devices amongst those who survived, all tending to the same uncharitable and cruel end; which was, to avoid the sick, and every thing that had been near them, expecting by that means to save themselves. And some holding it best to live temperately, and to avoid excesses of all kinds, made parties, and shut themselves up from the rest of the world; eating and drinking moderately of the best, and diverting themselves with music, and such other entertainments as they might have within doors; never listening to anything from without, to make them uneasy. Others maintained free living to be a better preservative, and would baulk no passion or appetite they wished to gratify, drinking and revelling incessantly from tavern to tavern, or in private houses (which were frequently found deserted by the owners, and therefore common to every one), yet strenuously avoiding, with all this brutal indulgence, to come near the infected. And such, at that time, was the public distress, that the laws, human and divine, were no more regarded; for the officers, to put them in force, being either dead, sick, or in want of persons to assist them, every one did just as he pleased. A third sort of people chose a method between these two: not confining themselves to rules of diet like the former, and yet avoiding the intemperance of the latter; but eating and drinking what their appetites required, they walked everywhere with [fragrances and nose-coverings], for the whole atmosphere seemed to them tainted with the stench of dead bodies, arising partly from the distemper itself, and partly from the fermenting of the medicines within them. Others with less humanity, but . . . with more security from danger, decided that the only remedy for the pestilence was to avoid it: persuaded, therefore, of this, and taking care for themselves only, men and women in great numbers left the city, their houses, relations, and effects, and fled into the country; as if the wrath of God had been restrained to visit those only within the walls of the city. . . .

I pass over the little regard that citizens and relations showed to each other; for their terror was such, that a brother even fled from his brother, a wife from her husband, and, what is more uncommon, a parent from his own child. Hence numbers that fell sick could have no help but what the charity of friends, who were very few, or the avarice of servants supplied; and even these were scarce and at extravagant wages, and so little used to the business that they were fit only to reach what was called for, and observe when their employer died; and this desire of getting money often cost them their lives. . . .
It fared no better with the adjacent country, for... you might see the poor distressed labourers, with their families, without either the aid of physicians, or help of servants, languishing on the highways, in the fields, and in their own houses, and dying rather like cattle than human creatures. The consequence was that, growing dissolute in their manners like the citizens, and careless of everything, as supposing every day to be their last, their thoughts were not so much employed how to improve, as how to use their substance for their present support.

What can I say more, if I return to the city, unless that such was the cruelty of Heaven, and perhaps of men, that between March and July following, according to authentic reckonings, upwards of a hundred thousand souls perished in the city only; whereas, before that calamity, it was not supposed to have contained so many inhabitants. What magnificent dwellings, what noble palaces were then depopulated to the last inhabitant! What families became extinct! What riches and vast possessions were left, and no known heir to inherit them! What numbers of both sexes, in the prime and vigour of youth... breakfasted in the morning with their living friends, and supped at night with their departed friends in the other world!

**Question:**
1. According to Boccaccio, to what lengths did some people go to avoid the plague?