

Over the Counter Medications

Stock OTC Medications will be given for a maximum of three (3) consecutive school days. Continued consecutive administration of OTC medications after three (3) days will require a prescription from a legal prescriber and the medication must be supplied by the parent/guardian. Switching to another variation of the OTC medication for treatment of the same symptom will not extend the three (3) day limit.

Prior to administration of any occasional OTC medications, the School Nurse will try non-pharmacologic comfort measures (ice, rest, elevation, hydration, warm/cold compress, etc.). At reassessment, if non-pharmacologic measures are not providing relief of symptoms, the student's health record will be reviewed for allergies, contraindications, and written parental/guardian consent. Then the parent/guardian will be called for verbal authorization to administer a specific OTC medication. If there is no written parental/guardian consent or parent/guardian cannot be reached, OTC medications will NOT be given. After written authorization is confirmed and verbal parental/guardian authorization is received, the OTC medication shall be administered to the student by the School Nurse. OTC medication will be carefully given per manufacturer's directions, including age or weight-based dosing.

OTC medications may be administered at the School Nurses' discretion along with written and situation specific verbal parental/guardian consent.

If any condition does not respond and/or worsens, causing the student difficulty participating in his/her education, the student may be sent home.

Medications Brought From Home:

Prescription Medications

Prescription medications must be brought to the school office by the parent/guardian in the prescription bottle with a valid prescription label. The label must include:

1. Name of Student
2. Name & address of the pharmacy dispensing the medication
3. Name of the healthcare provider prescribing the medication (Legal Prescriber)
4. Date the prescription was dispensed
5. Name of the medication (either brand or generic)
6. Strength of the medication
7. Route of administration
8. Frequency of administration
9. Instructions for use

Expired prescriptions (filled one year ago or more) will not be given.

These medications will be brought to the School Nurse Clinic, unless approved for self-administration, for secure storage. These medications will not be transported to and from school daily. Parents may request an extra bottle with label, for school use, from the pharmacy.

Changes to prescription medication dosage, time of medication administration, route, etc. require a new prescription label or a note from the legal prescriber. This note is to be signed by the legal prescriber and the parent/guardian.

Over the Counter Medications

Over the counter medications must be brought from home by the parent/guardian and require a note from a doctor (licensed prescriber). The note should include the student's name and date of birth, the medication name, dosage, route, frequency, and instructions as if it were a prescription.

Over the counter medications need to be brought to the school office by the parent/guardian in the manufacturer's original sealed container and labeled with the following information:

1. Name of Student
1. Name of healthcare provider providing the doctor's note
2. Date the note was written (if over the counter medication)
3. Name of the medication (either brand or generic)
4. Strength of the medication
5. Route of administration according to the doctor's note
6. Frequency of administration according to the doctor's note
7. Instructions for use

Expired medications or medications with an expired doctor's note (written 1 year or more) will not be given.

Over the counter medications will be stored in the School Nurse Clinic.

Changes to over the counter medication dosage, time of medication administration, route, etc. require a new note from the licensed prescriber. This note is to be signed by the legal prescriber and the parent/guardian.

Unused medications (prescription or over the counter) will be destroyed if not collected by the parent/guardian:

1. **Within one week after**
 - a. **Expiration of the prescription; or**
 - b. **Discontinuation of the medication.**
2. **By the end of the last day of school prior to summer vacation.**