

Menu Item	Calories	Cholesterol (MG)	Sodium (MG)	Fiber (G)	Iron (MG)	Calcium (MG)	Vitamin A (IU)	Vitamin C (MG)	Protein (G)	Carbohydrate (MG)	Total Fat (G)	Saturated Fat (G)
Pizza Choice	345	22	863	2.00	2.93	243.3	406	0.0	15.5	43.0	12.5	4.62
Deli Sandwich	265	55	1179	0.77	1.43	190.6	273	7.4	20.5	15.8	13.2	6.79
Lettuce & Tomato	5	0	2	0.35	0.10	4.1	198	2.3	0.3	1.0	0.1	0.01
Potato Rounds	131	0	209	1.96	0.31	0.0	0	1.0	2.0	17.6	5.9	1.96
Baked Apples	35	0	5	1.00	1.44	0.0	0	1.2	0.0	9.0	0.0	0.00
Corn on Cob	79	0	668	2.38	0.54	6.8	197	4.1	2.6	19.0	0.6	0.10
Mixed Fruit	46	0	3	0.97	0.23	4.2	178	3.2	0.3	12.3	0.1	0.01
Rice Krispie Treat	117	0	116	0.07	2.93	0.6	313	2.4	0.9	20.9	3.4	0.78
Milk Choice	103	6.5	166	0.00	0.00	300.0	499	1.6	8.1	15.5	1.8	1.10