

Menu Item	Calories	Cholesterol (MG)	Sodium (MG)	Fiber (G)	Iron (MG)	Calcium (MG)	Vitamin A (IU)	Vitamin C (MG)	Protein (G)	Carbohydrate (MG)	Total Fat (G)	Saturated Fat (G)
Hot Dog	293	30	906	1.05	1.53	103.8	100	0.0	12.2	26.3	16.2	5.01
Hamburger w/Mustard & Ketchup	453	0	536	1.04	3.69	83.8	100	0.0	25.2	33.3	25.2	9.01
Lettuce & Tomato	5	0	2	0.35	0.10	4.1	198	2.3	0.3	1.0	0.1	0.01
Corn	75	0	258	1.57	0.60	4.5	79	0.6	2.2	15.6	1.7	0.31
Potato Rounds	131	0	209	1.96	0.31	0.0	0	1.0	2.0	17.6	5.9	1.96
Diced Peaches	47	0	3	0.97	0.23	4.2	178	3.2	0.3	12.3	0.1	0.01
Sherbet	152	6	45	0.34	0.23	47.6	102	13.6	1.1	32.9	2.3	1.13
Milk Choice	103	6.5	166	0.00	0.00	300.0	499	1.6	8.1	15.5	1.8	1.10