

**POLK SCHOOL DISTRICT
STANDARDIZED STUDENT DRESS CODE
K-12**

Educational research indicates that appearance can be a reflection of one's self-esteem and may also have a direct relationship with a person's educational performance; therefore, Polk School District expects the student body to exhibit a positive appearance that encourages proper hygiene and optimal performance. Clothing styles that enhance appearance and appropriately cover the body are encouraged.

Attempts should be made to avoid extremes in styles that disrupt the educational process. Please read these carefully and make a decision to follow them and contribute to the positive climate of your school. Students displaying extremes in personal appearance that violate the dress code will not be allowed to attend class and are subject to further disciplinary measures.

Shirts:

Shirts must be crew neck or collared.

- Crew neck shirts must surround the base of the neck.
- No V-Neck shirts unless worn over a crew or collared shirt.
- Collared shirts must have the collar attached to the placket. For example, a polo-style shirt, a button-down collared shirt, or a tailored dress shirt.
- Only the top two buttons of a shirt may be unbuttoned.
- Turtleneck shirts are allowed.
- Undershirts are not required.
- Tight fitting, body-hugging clothing may not be worn as an outer-garment.
- No pajama tops.
- Shirts must be long enough so that no skin shows between the bottom of the shirt and the top of the pants, even when arms are raised above the head.

Don'ts: *oversized shirts (in length or width); shirts with a revealing or low neckline; sleeveless shirts; see through tops*

Pants:

Pants must be the appropriate size and adhere to the following:

- Boys may wear pants or shorts (must be at the waist level).
- Girls may wear pants, dresses, shorts, skirts, capris, and skorts.
- Garments can be no shorter than two inches above the knee cap.
- Corduroy and flat cargo style pockets are acceptable.
- Pants must have no rips, holes, tears, or frays.
- Permanent patches are allowed on the outside of the garment in order to cover holes.
- Tight fitting, body-hugging clothing may not be worn as an outer-garment.
- No pajama bottoms.
- Dresses may not have a physically revealing neckline.

Don'ts: *oversized pants (in length or width); shorts or skirts with frayed hems; cut-off shorts; pants or shorts with holes, visible zippers, or straps; exposed undergarments; gym shorts or sweatpants*

Accessories:

- No hats, caps, or hoods may be worn at anytime inside the building unless otherwise approved by the Superintendent. Cases with extenuating circumstances are handled by the principal on an individual basis.
- No towels, shirts, bandanas, or other objects may hang from pants/shorts pockets.
- No visible tattoos.
- No body piercing other than ears.
- No gauging or stretching of ears.
- Non-prescription eyewear may not be worn in the building or in the classroom.
- Doo rags, rollers, sweatbands, net stockings or any similar article will not be allowed.
- Hair color or hairstyle of a distracting nature is not allowed.
- Clothing, markings and other items related to gang involvement are not allowed.
- Make-up that exhibits an occult nature is not allowed.
- Chains or any type of jewelry that could be deemed unsafe are not allowed.

Shoes:

- Shoes must be worn at all times.
- Bedroom shoes are not permitted.

Outerwear:

Students may wear their choice of outerwear to school; however, any outerwear worn inside the building must follow the dress code policy.

- Outerwear may be worn during school hours.
- Sweatshirts/pullovers and sweaters may be worn during school hours.
- Trench coats may not be worn at any time—before, during, or after school.

Extra-Curricula Day Clothing:

Extra curricula activity participants may wear clothing outside the dress code policy on designated days, if approved by an administrator. It is the sponsor's responsibility to make the request to an administrator, and he/she will inform the participants of the dates and appropriate clothing.

Additional Items:

- Clothing with vulgar or profane graphics or language or that is harassing to other students based on race, religion, gender or disability or that is sexually suggestive is prohibited.
- Clothing advertising or displaying tobacco, alcohol products, weapons and drugs is prohibited.
- Gym shorts/sweatpants may only be worn if required in a physical education class. Adequate changing facilities will be provided and the students will only be allowed to wear such items for that physical education class. These items must fit appropriately.

Administration Approved Out-of-Compliance Days:

Upon permission from the administration and the classroom instructor, students may dress out of compliance for special occasions (field trips, presentations, etc.). Blouses, dresses, and shirts may not have a physically revealing neckline. Skirts, dresses, and shorts must be no shorter than two inches above the knee cap.

Polk School District shall provide exceptions as to not infringe on sincere religious beliefs or physical disabilities or limitations. School administration reserves the right to remove a student from class and request that the student change clothes before returning to class. A student in violation may be subject to such disciplinary actions as further set forth in the Student Handbook and Code of Conduct.